

## Brisbane kung Fu



Shifu Chris Fanning



## **GROUP CLASSES AVAILABLE**

<u>Sunnybank</u>	School Hall, SunnybankState School, Glendower St, Sunnybank
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Monday	6-8pm	Shaolin / Weapons	Shifu Peter Natalier
Monday		Tai Ji / Qi Gong	Shifu Kevin The
Monday		Xing Yi	Shifu Chris Fanning
Thursday	•	Shaolin / Weapons	ShiGong Jason King
Thursday		Tai Ji / Qi Gong	Shifu Kevin The



Underwood
Area 51, 51 Kingston Rd, Logan Rd, Underwood

6-8pm Xing Yi

Saturday Session: 9.00 - 10.30am Shaolin Kids ShiGong Jason King



## PERSONAL TRAINING / PRIVATE TUITION AVAILABLE

## **Shailer Park**

Thursday

ShiGong Jason King

Weekday, evening and weekend sessions available by appointment Training available in the following disciplines:

- Shaolin Kung Fu
- Tai Ji
- Qi Gong
- General Fitness
- Weapons
- Stage Combat

- Boxing for fitness
- Stretching
- Sparring
- Grappling
- General fitness



Private tuition is particularly suitable for those who are unable to make regular class times, who prefer one on one training to group classes, or are looking for specialised training.

Private tuition is also good for students who are making up for missed lessons, preparing for tournaments, or applying for a grading.